

Media Release



Manitoba Children's Museum - Kinsmen Building - 45 Forks Market Road - Winnipeg, MB R3C 4T6
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For Immediate Release

June 30, 2009

Play With Your Food at the Manitoba Children's Museum!



Winnipeg, MB – From July 6 to September 20, 2009, the **Manitoba Children's Museum** invites families to accept a nutrition mission as we host our new Summer/Fall exhibition, **Food for Health!**

An interactive exhibition developed by the Canada Agriculture Museum and circulated by Canada Science and Technology Museum Corporation, **Food for Health** offers children a hands-on opportunity to discover the world of food and healthy choices, including how food makes its way from the farm to the fork, the ingredients and microorganisms found in food, and how to stay physically fit for life. Children will learn to “chews” their food wisely and play their way to fitness!

Presented by **Sobeys**, the **Food for Health** exhibition features several learning stations that explore how our food has changed throughout history, how to be a supermarket superhero by spying on food ingredients, how to keep food safe from bacteria baddies, and how to keep in tip-top shape for your nutrition mission! In addition to themed crafts, visitors can participate in activities like putting together an x-ray puzzle, stretching out with yoga, burning calories on a bike, and racing the clock with shopping cart games.

Media are invited to join us Monday, July 6, 2009 at 11:00AM for the grand opening of **Food for Health**. If you are planning to attend or would like more information about this exhibition, please call the number below.

Exclusive media “sneak peeks” of this exhibition will also be available from 10:00AM to 4:00PM on both Thursday, July 2 and Friday, July 3. Museum staff will be available to conduct tours and interviews, and photo opportunities can be scheduled in advance by contacting the number below.

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A respect for and belief in the potential of all children is the vision of the Manitoba Children's Museum. As a registered children's charity, the Museum provides an environment which nurtures the power of the imagination and the spirit of exploration and self-discovery.